

Post-Operative Instructions for sedated patients.

**Please read these post-sedation instructions
prior to your child's dismissal...**

- 1.** Your child will be disoriented and unsteady on his/her feet upon dismissal, so you will need to carry or assist your child out of the office. Do not leave him/her unattended. A responsible adult must supervise your child this day. Please place child in age-appropriate car restraints for safe travel home.
- 2.** Give your child the appropriate amount of liquid Tylenol or Children's Advil upon arriving home. Do not administer any medications other than those discussed with the doctor.
- 3.** Your child will be hungry, due to prior fasting. Give him/her something of substance to drink or swallow that will ease the hunger before napping. Avoid hard, sticky, chewy foods as your child's lips, cheeks and tongue may be numb.
- 4.** The sedative will have a lingering effect for up to 6 hours. Your child will sleep quite soundly. It is preferable to lay your child on his/her stomach with the head turned to one side. Remove any gauze or cotton roll to avoid choking. Check on your child every 10 minutes for normal sleep pattern and breathing.
- 5.** Your child was monitored during treatment for normal vital signs and response to the sedative agents. ANY concerns or abnormal reactions will be reported to you prior to dismissal. If your child experiences any abnormal reaction to the sedative agents once home, please inform us immediately or take him/her to your nearest emergency room.



Emergency Numbers

During office hours
830-625-1234

After hours
830-620-3543

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